

NEWSLETTER

EDITION 3

FEBRUARY 2022

Each half term just keeps getting better and better on the Wellbeing Programme. We have had a tremendous amount of fun with the Gresham children. It was complete (organised) chaos at times but simply wonderful!

Gresham's Global Cuisine

For this half term's activity we chose "Global Cuisine" as a continued exploration of the countries we assigned to each class back in September.

Each week a class was invited to join us in the Dining Hall where we presented them with a recipe from their assigned country. With assistance from our volunteers, the children worked in small groups, sharing the various tasks to ensure that each child contributed in the creation of their class dish. These tasks ranged from gathering the ingredients and utensils, to chopping, peeling, blending, measuring, weighing and mixing.

Each recipe and it's required skills were tailored to suit each age group – ranging from chopping vegetables to dip in their homemade hummus, to peeling plantain for a Nigerian ratatouille, to rolling apple fritters in cinnamon sugar or whisking batter for delicious pancakes!

They all had a chance to sample their class culinary masterpiece at the end of the session.

We have created a "Gresham's Global Cuisine" Cook Book - go to the back page of this newsletter to download your own copy. Please note the link is only valid for seven days so make sure you save it to your own device. It contains all of the recipes used with each of the classes should your "Mini Masterchefs" wish to recreate their class recipe (or indeed that of another class) with you at home.



Gresham's Global Cuisine

"What a wonderful half term we have had where the children have been learning about dishes from their countries. The dining hall has been full of the sound of chopping, sizzling and most importantly children's laughter. We were impressed with the children being prepared to taste new food and we definitely spotted a few budding chefs at Gresham. Can't wait for the next half term!"

Ms Steele



"My favourite part was eating it. I didn't think I would like it but it was quite delicious!"

Year 1 pupil



"I liked it because I was allowed to do the actual making."

Year 3 pupil



"I really enjoyed how we all worked in little teams to make one big dish."

Year 5S pupil

"I really liked doing the cooking but I didn't like eating it at all"

Year 3 pupil



Circus Skills Workshop

Our third reverse school trip saw the school hall turned into Gresham's very own travelling circus for the day.

Each class was assigned a time slot to join in the fun and frolics. Laura - our instructor for the day - was brilliant! She guided each and every class through the various apparatus, showing off her expert skills. Most notably her incredible hoola hooping - the children were in awe! She revealed that she coincidentally grew up in Sanderstead, so she was delighted to have the opportunity to return to her roots!



"It was a wonderful half hour filled with shrieks and laughs as children tried different circus activities. It was a pleasure being able to watch the children's faces as they tried new skills. When discussing their time in the hall, later that day, children were using the words exciting, happy, tired, challenged and hyped to describe their experience."

Mrs Gough



"I liked it because there were a lot of tricks that you could learn. I like the hula hoops because I could do it around my neck and legs."

Year 4 pupil

The children had the opportunity to try their hand at a dazzling array of exciting and impressive circus skills. From juggling and balancing, to diabolo and plate spinning. Not forgetting the hoola hooping and the flower sticks. Who knew Gresham had so many aspiring circus performers!

"I liked the hula hoops and the orange thing that you could walk on it was soooo fun!"

Year 5N pupil

"Spinning plates is so cool. I wish we had these at school break time!"

Year 5S pupil



Laura's workshops encouraged participation, movement, coordination and balance skills. Every session was energetic, high energy and most of the time hilarious! The music was blaring and the school hall was full of smiles and giggles. It was wonderful to see the teachers all joining in too.

"It was cool! I really liked spinning plates and the lady was amazing at hula hooping!"

Year 3 pupil

"The flower stick was my favourite. I'd never seen one before."

Year 5S pupil

A big 'Thank you!'

Once again, thank you to those of you that have volunteered this term! We say it every half term, but it honestly wouldn't be possible to run any of the activities without you.

Please contact Sarah and Ali: sarah.burwood@btinternet.com if you'd like to understand more about volunteering in any of the forthcoming wellbeing activities.

Massive thanks again to the Gresham Parents' Association for continuing to fund the Wellbeing Programme. Their ongoing sponsorship is fundamental to the success of the Wellbeing Programme – without it, it simply wouldn't have been possible to share any of these experiences with your children. We believe they have some new and exciting events coming up, so please do keep an eye out and continue to support their fundraising.

"I had a lot of fun helping with the Wellbeing session. It was so nice to be behind the scenes for a day - I can see why the children enjoy it so much!" Leah (Volunteer)

If you'd like more information on how to get involved with Gresham's Parents' Association please contact the Co-Chairs, Claudia and Andy via email: greshamschoolpa@gmail.com

We really do hope your children have enjoyed cooking and clowning around with us. We've had a blast! We look forward to seeing them all again after half term for more laughter and hijinks!

We wish you all a lovely half term break!

Best wishes,

Ali & Sarah



Lego Donations

We need a large quantity of Lego pieces for one of our Wellbeing Programme activities in the Summer.

We do not need complete sets - we simply need random pieces - all colours, shapes and sizes. So if you have any at home that you think you could part with there is a red bin by the blue bench as you exit the school via the red gate. Please place any lego donations in here and we will empty it regularly.

COOK BOOK!

To download a copy of the Gresham Cook Book which contains all the recipes that each class made, click on the Cook Book image (right).

Please note the link is only valid for seven days so make sure you save it to your own device.

