

Reflectiveness	Could I can make links with prior learning and feedback across subjects and use this to improve my learning.
	Should I can identify ways in which my work can be improved and apply this, e.g. set my own targets and know when I have achieved these.
	Must I can use feedback on my work to improve my learning.
Independence	Could I can demonstrate my initiative through managing tasks without directions, including the time spent on tasks and breaking tasks into manageable sections.
	Should I can think about problems and search for solutions before asking for help.
	Must I am always organised, focused, on task and ready to learn.
Communication	Could I can present an articulate and well planned argument when debating and discussing, as well as considering the views of others.
	Should I can consider my audience when communicating, by adapting my speaking appropriately, as well as responding thoughtfully to the comments of others.
	Must I can use standard English to express my thoughts and views, as well as actively listen to those around me.
Risk Taking	Could I can challenge my own thinking, manage risky situations and see the positive impact my mistakes can have on my learning.
	Should I am prepared to do something new or different even if I risk making a mistake.
	Must I am prepared to have a go even when I'm not quite sure.
Resilience	Could I can maintain a positive attitude towards my learning because I know it can sometimes be a slow and uncertain process.
	Should I can lose myself in my learning by being absorbed and attentive.
	Must I can manage my distractions and create a good learning environment for myself.

Questioning	Could I can ask open questions which encourage higher level thinking (e.g. evaluation and analysis) to move myself and others on in their learning.
	Should I can ask relevant and sensible questions of myself to move my learning on.
	Must I can ask questions of myself, others and of my learning.
Collaboration	Could I know when and how to take the lead and how to maintain a positive learning environment.
	Should I can identify strengths in others and use them effectively for the success of the team.
	Must I can recognise and value the strengths of everyone in the team, and see the benefits of working with a wide range of people.
Empathy	Could I can show empathy even when my own beliefs are being challenged.
	Should I can adapt my learning and behaviour style by taking into account other people's perspectives.
	Must I understand that people have different perspectives.
Creativity	Could I can devise innovative ideas and apply these to my work in order to improve it, and suggest ways that diversity can be used to build and strengthen teams or projects.
	Should I can confidently approach new and unfamiliar tasks, linking my knowledge of past experiences to come up with imaginative solutions to problems.
	Must I can try something new, working outside of my comfort zone.
Perseverance	Could I can develop new strategies for constantly changing and challenging situations.
	Should I can make several attempts at challenging tasks but know when to seek help.
	Must I can keep trying even when a task is frustrating and difficult.